



## *You can change thousands of lives.*

### **Chasing our vision in Managua – double your impact.**

The world wide economic difficulties have hit charities hard this year and we are no exception. If you have donated to Total Health you may have noticed that it did not trigger the usual deluge of mailings requesting more donations. We appreciate your generosity and we do not want to abuse it. Having said that, there are times that we simply need to ask for your help. Our donations are down this year by about \$10,000 right now. We need to make up that amount, and also have an opportunity to do even more.

An anonymous donor has contacted us and would like to do a matching donation. For every dollar donated to Total Health, he will match it up to \$15,000. This

amount would allow us to launch our clinic site in Nicaragua and continue our medical care in La Ceiba.

We believe that we can see about 6000 patients per year in Managua once we start full time and expect that number would be able to grow to about 12,000 over time. By raising our budget from \$50,000 to \$80,000 we will be able to jump from 12,000 to over 18,000 patient visits a year.

With this matching grant we can fulfill the dream of starting a new clinic full time, but we need your help. We need \$15,000 in donations above our current giving. Please consider helping reach more people in need.

### **Extending our vision in La Ceiba.**

We have continued to grow in La Ceiba and we



*Managua, Nicaragua* have reached our maximum capacity with our current staff. The next step in our growth is to hire a registered nurse (in addition to Ruby...our nurse tech). This would allow us see an estimated 8-10 additional patients per day (about 2000 per year), would allow us to become a certified site for vaccination administration in the area, and open the doors for many, many other programs. All this for an additional \$10,000

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per year. It is hard to believe that for such a small amount of money we can do so many more things and help so many more people in need.

Right now, we can see a patient for about \$4 per patient visit. This visit includes a doctor visit, all medications, and treatments/supplies. In short, for the cost of a Latte you can provide medical care to someone in need.

The Total Health model of care for the very poor has proven to be extremely effective and is improving lives physically, economically, emotionally, and spiritually. We look forward to working with you to expand this mission to thousands more people in need.

To help us reach these people, you can donate in two ways. You can send a check made out to “Total Health” to PO Box 424, Lewis Center,

OH 43035.

You can also donate online. Our online donations are done through Pay Pal to ensure your credit card security. If you have special instructions for the donation just email us with them at [admin@totalhealth.org](mailto:admin@totalhealth.org).

Thank you for all the generous support you have provided in the past years. You are making incredible changes in the lives of thousands of people.

***How to donate***

***Make checks out to “Total Health” and mail to:***

***PO Box 424,  
Lewis Center, OH  
43035.***

***If you would like more information about [Total Health](http://www.totalhealth.org):***

Visit our website at: [www.totalhealth.org](http://www.totalhealth.org) (Updated on a regular basis.)

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Phone: 614-364-4123  
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